

# Knights News



**COUNCIL NO. 820, KNIGHTS OF COLUMBUS  
ABERDEEN, SD 57401**



**MARCH 2019**

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Brother Knights,

Many exciting things going on here at council 820 during the season of lent with many opportunities to grow in your faith. First I would like to thank all who came to our 1st holy hour of adoration at Sacred Heart Chapel, we were able to fill the chapel with people, prayer, silent adoration and song. As of the time of this writing I do not have any more scheduled holy hours but they are in the works and when I have dates and times I will send emails and texts, so please be on the lookout for those as they are great opportunities for reflection this lent.

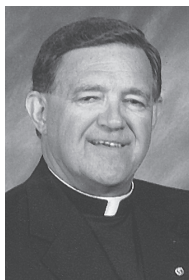
The First Saturday of Lent, (March 9th) , we will be having a mens retreat at the Newman center. If you can, I urge you to join us at 9am for Mass, some talks, private prayer and some silence at this retreat to start your Lenten season and grow in your faith. We will end with a meal at noon. This retreat is for all men so invite a friend or fellow parishioner. This will also be the start of a 9 day novena for life, ending with the 11am mass at the Newman center on the 17th of March.

With lent comes more opportunities to eat fish, our first fish fry of lent will be Friday March 8th at the Sacred Heart Hall with serving from 5-6:30pm. The tentative dates of the fish fries are the 8th, March 22nd, and April 5th, please come and enjoy and don't forget this is our food drive for the parish food pantry so bring any canned goods you may have.

We also have a Saint relic coming through South Dakota, the heart of St. Jean Vianney will be in Sioux Falls on March 22nd. St. Jean Vianney died in 1859 and as part of his canonization process his body was exhumed in 1909 when it was discovered that his body had not decayed. We have the chance to honor this Saint beginning with a Mass at noon at the Cathedral in Sioux Falls. It will also be at St. Johns in Fort Pierre on March 23rd and then at Our Lady of Perpetual Help Cathedral in Rapid City on March 24th. You should seriously consider trying to make it to see this relic as opportunities like these don't come around very often.

Vivat Jesus

Henry Artz  
Grand Knight



# HAPPY LENT

Dear Bro. Knights,

Another Lent is upon us and, as we look ahead to all that happens and is expected of us, how, you may wonder, how can I say Happy Lent?

Well, I can say happy because we know what happens at the end of this season: Resurrection! And that should make us happy.

What are you going to do during Lent?. Some people agonize about what they should do. Should I give up chocolate? Smoking? Pop? TV? How about giving IN to something? Give in to charity. Give in to compassion. Give in to forgiveness. Give in to kindness? Give in to attending a council meeting or helping with a council activity?

Actually, if you listen to the Gospel of Ash Wednesday, Jesus tells us what we need to do, but to keep it to yourself. Jesus says not to broadcast it to everyone. No need to tell everyone how wonderful you are doing your Lenten things. Jesus says that the Father knows, and that is all that is necessary.

Jesus says to pray. Well, you do that all the time, don't you? But maybe not so well. Maybe you slack off a bit. So, make that a Lenten project, to be more faithful and committed to better prayer. We know there are many ways to pray. There are, of course, many memorized public prayers. But there is also your own personal prayers, as well as meditation, just being quiet, opening your mind and heart to listen to the Lord speaking to you. Also consider the various kinds of prayer, thanksgiving, praise, petition.

Jesus calls us to fast. We could all make more effort at eating less. And don't fast to just lose weight. Make it a bit of hardship. Eat less at your main meal, and have smaller other meals. Don't eat between meals. Give up a

favorite snack, Have a soup and cracker meal on Friday, or even try bread and water for a meal. Of course, there is the church recommendation to not eat meat on Ash Wednesday and the Fridays of Lent. (The council can help with that. Attend and/or help at the fish fry.) So it is good to fast. But remember that if you are unable to fast because of health or age don't worry about it.

Then Jesus tells us to give alms, and so we do what we can. And I think giving alms is not limited to just giving money. Use money you save from a simple meal to give to the Rice Bowl project. But give not just of your money, but give of your time. Help with the council fish fry. Volunteer at one of the many charities that need help. Shovel snow for someone and not charge them. Take a person who is alone out for a meal. Visit someone you haven't seen in a while. Actually write a note to someone and mail it instead of a quick e-mail. Basically, alms giving can be just giving of your time to someone.

As with prayer and fasting, do what you can and sacrifice some. That's what Lent is about: to get us ready for the Glorious Resurrection of Easter. Will you be ready?

Oh yeah, a good project is to commit to attending the men's retreat on Saturday, March 9 at the Aquinas Newman Center at NSU 9-noon. It will begin with Mass, some conferences and time for quiet prayer. It will be a silent retreat to allow you to be more tuned to the Lord speaking to you. See you there.

A March smile: A very stout and wealthy lady approached the Cure of Ars, St John Vianney, pastor of the tiny church in Ars, France and asked him what she needed in order to reduce. With a twinkle in his eye, the holy priest said, "About three Lents, madam."

Vivat Jesus,  
Fr. David

## UPCOMING EVENTS

**March 3rd**

Sacred Heart Breakfasts for Roncalli after dinner dance

**March 5th**

Patriotic Degree meeting at Schrivers at 7pm

**March 6th**

Ash Wednesday

**March 9th**

Mens Spiritual retreat at 9am at Newman Center

**March 12th**

Council Meeting at Schrivers at 7:30pm

**March 17th**

St Marys Breakfasts for Doug and Marcia Sturma

**March 22nd**

St Jean Vianney Relic at St Joseph Cathedral in Sioux Falls

**March 23rd**

St Jean Vianney Relic at St Johns in Fort Pierre

**March 24th**

St Jean Vianney Relic at Our Lady of Perpetual Help Cathedral in Rapid City

**March 26th**

KC Social at Schrivers at 7pm

## SUPPORT A CAUSE

Brother Knights,

Would You Donate \$20.00 to support the following causes?

- Catholic Social Services - Special Olympics
- Adoration Sisters - SD KC Disaster fund
- Per Capita Relief - Fr. McGivney Camp

That is what you do when you and your support the South Dakota Knights of Columbus Special Projects Fund (SPF) raffle.

Council 820 and Assembly 1079 have SPF tickets available again this year. You can support the listed causes and others and also have a chance to win \$10,000 and other cash prizes.

The next 4th degree meeting will be Tuesday March 5th.

Vivat Jesus,  
Barry Eske



Local free throw champions



District champions

# **KNIGHTS OF COLUMBUS**

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